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Answer questions from **two** options
Answer all questions from the options you have studied

Section A : Clinical Psychology
Answer **all** questions.

1 Fazli has pyromania, he is unable to resist starting fires. Fazli sets fires and then watches them burn, in order to relieve his anxiety.

Suggest how imaginal desensitisation could help Fazli manage his symptoms of pyromania. [4]

Ans.

Using imaginal desensitisation, a **personalised script** [redacted]
[redacted]
[redacted]
[redacted]
[redacted]
[redacted]
[redacted]

Commented [JV1]: 'Suggest' is an AO2 command term. The answer must be fully linked to the scenario given

Commented [JV2]: 'How' questions require [redacted]

2 (a) **Outline** systematic desensitisation as a treatment for a specific phobia. [2]

Ans.

Systematic desensitisation involves exposing a phobic patient to a **hierarchy** [redacted]
[redacted]
[redacted]
[redacted]

(b) **Explain one** reason why systematic desensitisation as treatment for specific phobia supports the situational side of the debate about individual and situational explanations. [2]

Ans.

Since systematic desensitisation involves helping a patient deal [redacted]
[redacted]
[redacted]

[redacted]
[redacted]
[redacted]

[redacted]
[redacted]
[redacted]

[redacted]
[redacted]
[redacted]
[redacted]

[redacted]
[redacted]
[redacted]
[redacted]

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3 When Lina was a child, outside with her mother, she saw a snake. She then developed a phobia of snakes

(a) Suggest a psychodynamic explanation for why Lina has this phobia of snakes. [4]

Ans.

Lina has most probably developed this phobia when she was in the phallic stage

[Redacted answer text]

(b) Explain one weakness of the psychodynamic explanation for Lina's phobia of snakes [2]

Ans.

One weakness is that this explanation is not supported by valid empirical evidence

[Redacted answer text]

[Redacted answer text]

[Redacted answer text]

[Redacted answer text]

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4(a) Describe the following psychological explanations of depression

- Beck's cognitive theory of depression, and
- learned helplessness. [6]

Ans.

Beck's cognitive theory of depression attributes the disorder to various cognitive errors. Firstly,

[Redacted text block]

Learned helplessness theory proposed by Seligman attributes depression to a pessimistic attributional style c

[Redacted text block]

[Redacted text block]

[Redacted text block]

[Redacted text block]

[Redacted text block]

[Redacted text block]

[Redacted text block]

[Redacted text block]

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(b) Evaluate the following psychological explanations of depression:

- Beck's cognitive theory depression; and
- learned helplessness.

including a discussion about determinism versus free-will.

Evaluation in your answer can include strengths, weaknesses and a discussion of issues and debates. [10]

Ans.

With respect to determinism versus free-will, both of these explanations are

[Redacted text block]

In terms of reductionism versus holism, both explanations are

[Redacted text block]

Finally, with regard to use of experiments, studies like Seligman (1988)

[Redacted text block]

Commented [JV23]: 'Evaluate' is an AO3 command term. Make sure to present only strengths and weaknesses in response - no descriptions

Commented [JV24]: The topics given in the 10-marker will

[Redacted text block]

[Redacted text block]

[Redacted text block]

[Redacted text block]

[Redacted text block]

[Redacted text block]

[Redacted text block]

Commented [JV32]: Ideally, give 3 evaluation points in all - including

[Redacted text block]

Commented [JV33]: Context and analyses is evident in every evaluation point

[Redacted text block]

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